

How are staff coping with coronavirus uncertainty?

Find out using Positive's:

Check-in Tool

A 5 minute survey tool for organisations and leaders to measure the psychological health of staff during the Covid-19 pandemic

Developed by expert psychologists and specifically designed for current working realities



positive.™

What does the tool measure?

- Scientific measures of psychological health including anxiety, worry, social support, loneliness and coping
- Concerns for physical health, psychological health, the health and wellbeing of friends and family, social isolation, job insecurity and managing workload
- Adjustment to new working from home practices
- Engagement or exposure to key protective factors for psychological health
- What the organisation can do to support staff during this pandemic

How does it work in practical terms?

- You will receive a web-link for the Check-in Tool which can be shared with staff via email
- It takes 5 minutes to complete and is anonymous
- Unique links for specific locations or departments can be provided to breakdown results if required
- Follow up tool check-ins can be used to track staff psychological health and coping over time

How do we get useful data back?

- A Psychologist at Positive will provide insights on the psychological health of your staff
- Key psychological metrics can be benchmarked against other organisations